

# Quilts for Kids Alternate Squares

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**Quilts**  
for  
**Kids**

[www.quiltsforkids.org](http://www.quiltsforkids.org)

## Fabric Requirements:

1 yard of Focus Fabric A for Blocks and Outer Borders

5/8 yard of Fabric B for Alternate Blocks

1/4 yard of Fabric C for Inner Borders

## Cutting Instructions:

Fabric A: Cut 3 - 6 1/2" strips by width of fabric (wof). Sub-cut into (15) 6 1/2" squares

Cut 4 - 3 1/2" strips by wof for outer borders

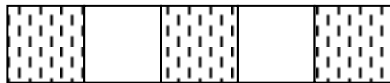
Fabric B: Cut 3 - 6 1/2" strips by wof. Sub-cut into (15) 6 1/2" squares

Fabric C: Cut 4 - 1 1/2" strips by wof for inner borders

**Assembling the Quilt: Remember - a 1/4" seam allowance is used for all seams.**

**Do not use mono-filament thread to piece or quilt the quilt**

1. Sew rows together as shown in the diagrams below:



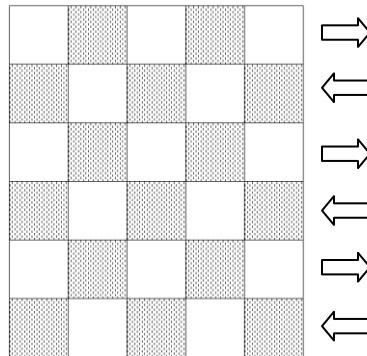
Make 3 rows with 3 print blocks and 2 coordinating blocks



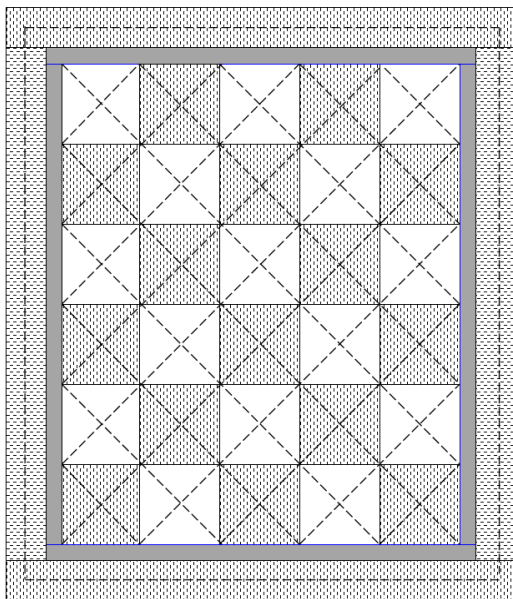
Make 3 rows with 2 print blocks and 3 coordinating blocks

2. Sew the rows together as shown below:

Arrows indicate direction to press seams



3. Add the side inner borders first. Then add the top and bottom inner borders.
4. Add your outer borders in the same manner as the inner borders, first adding the side borders and then adding the top and bottom borders. Your quilt top should look like the diagram below.
5. **Layering the quilt - Use only 1/8 - 1/4 inch LOW LOFT batting.** Baste the quilt layers together (either with safety pins or a needle and thread) then **MACHINE** quilt. Or, you may choose to pillowcase/birth the quilt before quilting. This quilt will be loved and washed a lot so **make sure that there's lots of quilting to hold up to daily hospital washings (Recommended quilting shown below).** Unless you pillowcased/birthed the quilt, bind the quilt as you normally would using either a traditional binding or fold the backing to the front of the quilt. To use backing as a binding, cut the batting even with the top of the quilt and the backing an inch larger. Double fold backing to front of the quilt and topstitch. **REMOVE ALL PINS! No hand tied quilts.**
6. Wash and dry the completed quilt. Ship the finished quilt to Quilts for Kids headquarters. Your quilt will bring joy to a child in need.



#### **Suggested Straight Line Quilting**

We recommend quilting in the ditch horizontally and vertically between all blocks and also diagonally as shown by the dashed lines in the diagram. Don't forget to quilt around the inner border and add some quilting to the outer border.

If desired, you may choose to do an all-over meander or design.